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VALUE EDUCATION: NEED OF THE HOUR

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Mankind has made a tremendous progress over the ages in different fields of knowledge. Man has realized the need for peaceful co-existence with each other at the level of human society and also recognized the need for education as a fundamental one. He has tried to make his life easy

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PREVALENCE OF OBESITY AND HYPERTENSION AMONG THE STAFF OF B.N COLLEGE, DHUBRI

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INTRODUCTION

Hypertension and obesity are universally regarded as important health issues among the others. Blood pressure is a good indication of the health of our cardiovascular system. When our blood pressure is high (hypertension), our heart is working under stressful conditions. The level of

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Value Education ... (Contd. from Pg.1)

and comfortable with the advancement of science and technology. Revolutionary scientific knowledge and innovations and fascinating artistic creations have blessed mankind with a comfortable world. But there still arise the question: Are we satisfied with the state of affairs today? After enormous progress of mankind, we are still faced with serious problems at various levels. At the human level, we can see that individuals face problems regarding the clarity on life-goals, contradictions and stress, while at the level of human relationships in the family, there are problems in mutual understanding, increasing mistrust, insecurity and generation gap. Further, at the level of human relationships in society, we see increasing communal conflict, exploitation, strife, terrorism and violence in various forms. The increasing corruption and other unethical practices in various professions are also causing serious problems. At the level of nature, we have increasing problems of environmental degradation in various forms as well as resource depletion threatening the very survival of the human race. In fact, all these problems are the direct outcome of the human activities, carried out in the name of progress.

The overall purpose of education is to enable a human being to live a fulfilling life, in harmony with oneself and with family, society and nature. Hence, it becomes the responsibility of educators to enable the resolution of these issues, so that human society can achieve the cherished goal. In this light, it becomes essential to find out what is of value, or what is really valuable to a human being? While technology is an important human endeavour, it is only a 'means' to achieve what is considered 'valuable' for human beings in an effective and efficient manner. It is thus not within the scope of technology to decide 'what is valuable' to a human being. The subject that deals with 'what is of value?' or 'what is valuable to a human being?' is called 'value education'. Values thus provide the basis for all our actions and there is an essential relation between values and skills which needs to be ensured in any education system.

Today higher education in India has seen great expansion. About thirty million students are enrolled in its thirty six thousand institutions of higher education. About ten millions students are graduating every year, but if we perceive closely, it will be clearly visible that our education system is turning in favour of skill generation and information enrichment, while ignoring the value dimension, thus enfeebling the youth with so many problems in their lives. The erosion of values, now a days, remind us of William Wordsworth, who laments:

*"And much it grieved my heart to think
What man has made of man".*

Even though, the importance of value education is repeatedly highlighted at various platforms and also has been stressed by various commissions and expert committees on education, but it has yet to find a rightful place in our education system.

Prevalence of Obesity ... (Contd. from Pg.1)

blood pressure increases with increase of age, raised blood pressure is estimated to cause 7.5 million deaths, about 12.8 percent of the total of all deaths (WHO, 2000). Raised blood pressure is a major risk for coronary health disease and ischemic as well as haemorrhagic stroke. Globally, the overall prevalence of raised blood pressure in adults aged 25 and over was around 40 percent in 2008 (www.who.int/gho/ncd/riskfactors).

The obesity is the value of BMI (Body Mass Index) greater than or equal to 30 (Madden D., 2006). The BMI is a measure of relative weight based on an individual's mass and height. It predicts our percent body fat by taking into account our height versus our weight. Now a days the BMI is commonly used to classify underweight, overweight and obesity. Obesity may increase the risk of many health problems including diabetes, heart diseases and certain cancers. Over the past several decades, there has been an increase in BMI in the general population. This has resulted in predictions of a public disaster (www.niddk.nih.gov).

In view of the above facts the present study was taken to know the prevalence of Hypertension and Obesity among the staff of B.N. College, Dhubri. As many as 92 (Ninety Two) respondents representing both the teaching and non teaching staff of the college voluntarily participated in the study conducted with the help of Interview Schedule employed in collecting the required data during the months of February and March 2018.

OBSERVATION AND RESULT

It was found that there were 40 males and 12 females having their age > 40 Years and 23 males and 17 females having their age < 40 Years among the respondent volunteers. When the volunteers (aged > 40 Years) were distributed as per their blood pressure, their average systolic and diastolic pressure were found to be 126.12 and 80.56 mmHg and standard deviation of systolic and diastolic pressure were found to be 8.79 and 2.91 respectively. The average systolic and diastolic pressure of the volunteers (aged < 40 Years) were found to be 117.18 and 77.83 mmHg and standard deviation of systolic and diastolic pressure were found to be 7.33 and 5.64 respectively (Table 4).

When the male volunteers (aged > 40 Years) were distributed as per BMI, it was found that out of them, 2% were underweight (BMI < 20), 54% were normal weight (BMI 20.0 - 24.9), 31% were overweight (BMI 25.0 - 29.9) and 13% were obese (30.0 - 39.9). There was no respondent falling under the severely obese (BMI > 40.0) category in this age group (Figure 1).

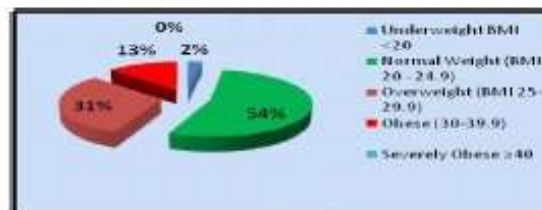


Figure 1: Distribution of Male Volunteers aged >40 Years as per BMI

When the male volunteers (aged < 40 Years) were distributed as per their BMI, there were 4% underweight (BMI<20.0), 35% normal weight (BMI 20.0 - 24.9), 57% overweight (BMI 25.0 - 29.9) and 4% obese (30.0 - 39.9). The severely obese (BMI ≥40.0) category was not seen in this age group too (Figure 2).



Figure 2: Distribution of Male Volunteers aged < 40 Years as per BMI

Again when the female volunteers (aged > 40 Years) were distributed as per BMI, there was no underweight (BMI<20.0), 34 % were normal weight (BMI 20.0 - 24.9), 58% were overweight (BMI 25.0 - 29.9), 8% were obese (30.0 - 39.9) and no severely obese (BMI ≥ 40.0) among the respondents in this age group (Figure 3).

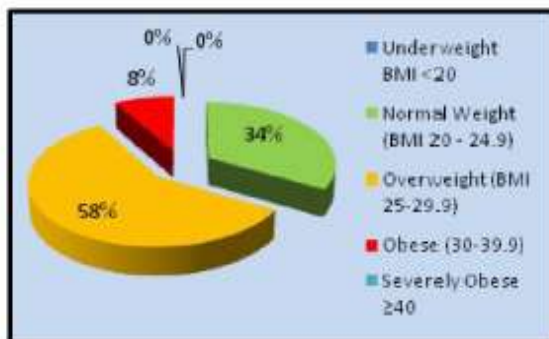


Figure 3: Distribution of Female Volunteers aged > 40 Years as per BMI

On the other hand when the female volunteers (aged < 40 Years) were distributed as per BMI, there were 35 % underweight (BMI<20.0), 47 % normal weight (BMI 20.0 - 24.9) and 18 % overweight (BMI 25.0 - 29.9). There were no female volunteers of this age group found to be obese (30.0 - 39.9) or severely obese (BMI ≥ 40.0) in the study. (Figure 4)

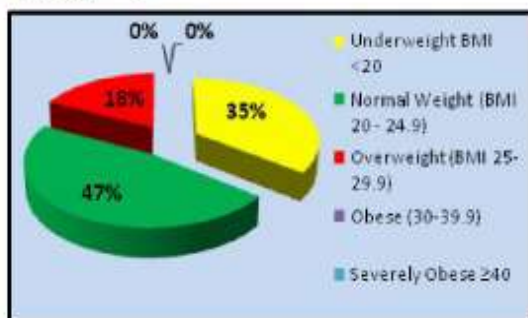


Figure 4: Distribution of Female Volunteers aged < 40 Years as per BMI

DISCUSSION

The result of Blood Pressure shows almost normal reading among the volunteers who are >40 years of age. This is evident from the data of regular intake of prescribed drug by the respondents.

According to WHO (2016), more than 1.9 billion adults aged 18 years and older were overweight, of these over 650 million adults were obese. 39 % of adults aged 18 years and over (39% of men and 40% of women) were overweight. Overall, about 13% of the world's adult population (11% of men and 15 % of women) were obese in 2016. The world prevalence of obesity nearly tripled between 1975 and 2016(www.who.int).

The result of BMI of the male volunteers (>40 Years) showed that there were 2% underweight, 54% normal weight, 31% overweight, 13% obese and no severely obese. Thus there was record of obesity among them (13%) and moreover the chance of getting obesity by 31% of them who were overweight.

Among the female volunteers (>40 Years), there were 34% normal weight, 58% overweight and 8% obese. The result showed the existence of 8% obesity among the volunteers and also there was the chance of getting obesity by as huge as 58% among the volunteers who were found overweight in the present study if healthy habits were not adhered to.

Among the male volunteers (<40 Years), there were 4% underweight, 35% normal weight, 57% overweight and 4% obese. The findings recorded 4% obesity and chance of getting obesity in the future if healthy habits were not adhered to by another 57% among the volunteers of this age group who were already recorded overweight in the present study.

Among the female volunteers (<40 Years), there were 35% underweight, 47% normal weight and 18% overweight. No obesity among the volunteers were recorded but the chance of getting obesity in the future if the healthy habits were not adhered to was found to be 18% among the volunteers of this age group who were already recorded overweight in the present study. Moreover, the data of 35% underweight volunteers of this age group is a matter of concern.

Therefore, when we compare the male volunteers with female volunteers of both the age groups, the obesity is higher in male than the female and the chances of getting obesity is also higher in males than females. The volunteers who are obese or who have chances of getting obesity should change their lifestyle maintaining healthy diet and performing regular exercise to achieve a good healthy life.

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Celebration of the 71st Independence Day

(Date: 13/08/2017 to 15/08/2017)

The college observed 71st Independence Day with a three day long colorful program with spontaneous participation of the members of B.N. College family. The celebration continued from 13th to 15th August by organizing various cultural and sports activities.



Dr. Dhruba Chakrabortty, Principal of the college hoisted the National Tricolour on 15th of August 2017 followed by the singing of National Anthem. In his lecture, Dr. Chakrabortty elaborated the importance of celebration



of Independence Day and upheld the philosophy of Nation's Unity in Diversity. He also remembered the struggle and sacrifice made by the freedom fighters in attaining the Independence of our nation.

Celebration of the 72nd Foundation Day of the college

(Date: 16/08/2017)

The 72nd Foundation Day of the college was celebrated on 16th of August 2017 with the participation of the members of the college family. The program started with the hoisting of College Flag by Dr. Md. Mir Shahadat Ali, President, Governing Body of the college. Dr. Ali, in his



address to the college family reiterated the priceless contribution of the great souls who had taken the initiatives in fulfilling the long demand of higher educational institution in those period of time by establishing this college. In this connection plantation of saplings in the college campus was also organized. The program concluded with the illumination of college campus in the evening.

Freshers' Social Ceremony at BNC Girls' Hostel

(Date: 27/08/2017)

The Fresher's Social Ceremony of the Girls' Hostel of the college was organized on 27th August 2017 to



welcome the new borders of the hostel. In this connection a meeting was convened by the Hostel Authority.



Dr. Dhruba Chakrabortty, Principal of the college

presided over the meeting. A cultural program was organized by the borders of the hostel.

Freshers' Social Ceremony

(30/08/2017)

The college organized the Freshers' Social Ceremony on 30th August, 2017 for welcoming the new comers for the



session 2017-2018. The meeting was presided over by Dr. Dhruba Chakraborty, Principal of the college. Dr. Mir Shahadat Ali, Prof. Nagendra Nath Roy, Prof. Chapalendu Narayan Bepari, the President and Members of the Governing Body of the College respectively graced the occasion.



In connection with the occasion a cultural program was also organized by the students to welcome the new comers.

Celebration of Teachers' Day by students of the college

(Date: 05/09/2017)

The students of the college organized a meeting to celebrate the 56th Teachers' Day on 5th September, 2017 at the Auditorium of the college. All the faculty members of

the college were invited in the meeting and were felicitated



by the students. In the meeting, light was thrown on the life and works of the great Soul.

Recitation Training camp at the college

(Date: 09/09/2017)

A one day recitation training camp (Abriti Prashiksan Mancha) was organized by the Department of Bengali of the college on 9th September, 2017 in the college. Dr. Saradindu Banerjee, Vice Principal, Sishu Pathshala H.S. School, Dhubri acted as the resource person cum trainer in the camp. Altogether Twenty Five students participated in it. A good number of teachers of different departments of the college also joined in the camp.

Sanskrit Divas

(Date: 16/09/2017)

The Sanskrit Divas was observed in the college by the Department of Sanskrit on 16th September, 2017. Dr. Dhruba Chakraborty presided over the meeting organized in this connection. Several dignitaries were invited in the

meeting who delivered valuable lecture on the importance of



learning Sanskrit Language. A good number of students and teachers were benefitted from the program.

Motivational Talk by the Principal in cracking Tata Consultancy IT Executive Interview

(Date: 18/09/2017)

A Motivational Talk was organized in the college to motivate the students in cracking Tata Consultancy IT Executive Interview. Dr. Dhruba Chakraborty, Principal of the college delivered speech in this regard at the Auditorium on 18th September 2017. The talk highlighted



the job opportunities for the students having Bachelor Degree in Science as Technical Assistant in renowned

Multi National Companies like Tata Consultancy Services.



A good number of students along with teachers of the college attended the talk.

Bharat Yatra, Surakshit Bachpan Surakshit Bharat Team of Nobel Laureate Kailash Satyarthi, Interaction Programme at BNC

(Date 25/09/2017)

On 25th September 2017, "Bharat Yatra, Surakshit Bachpan Surakshit Bharat Team of Nobel Laureate Kailash Satyarthi" reached Dhubri and in connection with their arrival an Interaction Programme was organized at the Auditorium



of the college. The meeting was presided over by Prof. Abdul Matleb Mondal, Vice Principal of the college. The dignitaries



from the team of Nobel Laureate Kailash Satyarthi spoke to

the audience about the menace of child labour, slavery and human trafficking. In their lecture they spoke about the "Bachpan Bachao Andolon" (Save Childhood Movement) led by the Nobel Laureate, Kailash Satyarthi which has resulted the liberation of about 80,000 children in India from such atrocities. A huge gathering of the college family welcomed the team and also accompanied them to a march undertaken to make people aware about the menace of such ill practices and urged upon the people to spread the message to protect child and save their childhood.

Participation by students in Gauhati University Youth Festival

(Date: 29/09/2017)

Among the students of the college participated in the Gauhati University Youth Festival 2017, Mazhufa Rahman, a student of B.Sc. 6th Semester (Honors in Zoology) was



able to bag the Best Actress Award in the Drama Competition held in Birinchi Kumar Baruah Auditorium of Gauhati University.



In the same festival, another student of B.A. 2nd Semester of the college, Debjani Raha Roy secured 3rd prize in the Folk Song Competition held in the Youth Festival.

ONGC sponsored Super Thirty Entrance Exam

(08/11/2017)

ONGC sponsored super 30 entrance examination was held in the college on 8th November, 2017. Forty seven



numbers of students appeared in the examination and three students among the participants were able to qualify the examination.

Workshop on "Quality Enhancement in Higher Education"

(20/11/2017)

A workshop on Quality enhancement in Higher education was organized in the college on 20th November, 2017 by the IQAC of the college. Mukul Kaniitkar, National Organizing Secretary, Bharatiya Shikshan Mandal, acted as the resource person in the workshop. In his deliberation



Sri Kaniitkar discussed the role of teachers in enhancing the quality of higher education. All the faculty members



of the college participated in the workshop and there was a fruitful interaction in the workshop.

Biotechnological Exposure Trip by Tipkai H.S. School students to the Advance Institutional Biotech Hub of the college
(22/11/2017)

As a part of social responsibility of the college, the students of 11th Standard of Tipkai Higher Secondary School



were invited to visit the Advanced Bio Tech Hub of the college and acquire knowledge about the new horizon of biotechnology. About twenty five members of students guided by two teachers of the institute visited the college on 22nd November, 2017.

Observation of International Day of Persons with Disability
(3/12/2017)

International Day of Persons with Disability was observed in the college on 3rd December, 2017. In consonance



with the programme a meeting under the presidency of Dr. Dhruba Chakraborty, Principal of the college was organized where the importance of the day was highlighted. In his lecture, Dr. Chakraborty illustrated that physical disability is no way a hindrance towards success. Dr. Mir Shahadat Ali, President of Governing Body of the college



was also present in the program.

“Mahila Abhibartan” of ACTA (Dhubri Zone)
(20/12/2017)

The 5th Annual Women Convention was held in the college under the aegis of Assam College Teachers' Association (16th Dhubri Zone) on 20th December, 2017. Representatives from different colleges of the zone and parent body of the association as well participated in the convention.

Participation of BNC students in the Cultural Procession of 100th Year of Axom Sahitya Sabha
(27/12/2017)



The college participated in the cultural procession in the centenary program of Axom Sahitya Sabha on 27th December, 2017. In view of the program, the students of the college and the faculty members as well participated with colourful traditional attire to showcase the culture of the region.

Debate competition on the topic “Investment in the tourism sector is the best approach in promoting the economy of Assam”

(24/01/2018)

The college organized a Debate competition on the topic "Investment in the tourism sector is the best approach in promoting the economy of Assam" on 24th January, 2018. A total of twelve members of students



participated in the competition in both 'for' and 'against' the motion. Sri Shazarul Islam and Sri Adarsh Prasad of B.A. 6th Semester class were the best debaters and Sri Nishant Kashyap of B.Sc. 4th Semester was the Runners-Up in the competition.

Celebration of Republic Day 2018

(26/01/2018)

The college celebrated the 69th Republic Day on 26th January, 2018. Dr. Dhruba Chakraborty, Principal of the college hoisted the National Flag at the college premises



in presence of the college family followed by a lecture remembering the contribution made by the great personalities in making and shaping of our constitution.

Annual College Week

(31/01/2018 to 07/02/2018)

The annual college week of the college was organized with full gaiety from 31st January to 7th February, 2018. The program started with the hoisting college flag by

Dr. Dhruba Chakraborty, Principal of the college followed by a colorful cultural procession by the students and faculty



members of all the departments of the college. The program went through different competitions among the students and concluded with the valedictory and prize distribution program followed by a cultural session on 7th February, 2018.



Invited lecture program on “Food Biotechnology: Concept & Career Prospects”

(Date: 8/2/2018)

An invited lecture program on "Food Biotechnology: Concept & Career Prospects" was organized in the college by the Advanced IBT-Hub of the college on 8th February, 2018. Sri Sanjib Kr. Paul, Examiner of Patents and Design



(Food Technology), Indian Patent Office, Kolkata acted as the resource person in the program.

ICPR sponsored National Seminar on "Traditional Value: its relevance in the era of globalization with special reference to N.E. India"

(9/2/2018 and 10/2/2018)

A two day National Seminar on "Traditional Value: its relevance in the era of globalization with special reference to N.E. India" sponsored by Indian Council of Philosophical Research (ICPR) was organized in the college by the department of Philosophy on 9th and 10th February, 2018. The inaugural session was presided over by Dr. Dhruva Chakraborty, Principal of the college. Dr. Mir Shahadat Ali, President, Governing Body of the college graced the occasion as the chief guest. Prof. Nilima Sarma, former professor of Department of Philosophy, Gauhati University was present as the Key Note Speaker and Dr. Jagadish Patgiri, associate Professor, department of Philosophy, Cotton University, Dr. Padmadhar Choudhury, Assistant Professor, CSP, Dibrugarh University; Dr. Prahlad Basumatary, Deputy Registrar, Bodoland University acted as resource persons in the seminar. Distinguished academicians of the district along with the faculty members of the college were also present in the inaugural session of the seminar.



Five Technical Sessions were held during the two day program, where Fifteen Numbers of papers relating to the main theme and sub-themes were presented by scholars participated from different institutions. The session ended

with the vote of thanks offered by Miss. Namita Pawegam, Assistant Professor, department of Philosophy of the college.

Popular Talk on "Philosophical Traditions of Assam"

(Date 11/02/2018)

A Popular Talk on "The Philosophical Tradition of Assam" was organized by the Department of Philosophy of the college on 11th February.



The talk was delivered by Dr. Jagadish Patgiri, Head, Department of Philosophy, Cotton college, Guwahati. The students and teachers of the college took active part and interacted with the resource person.

Workshop on "Microscopy and Spectroscopy"

(15,16,17/02/2018)

A three day (15th, 16th and 17th February, 2018) workshop on "Microscopy and Spectroscopy" was organized by the Advanced Institutional Biotech Hub of the college. A total of Twenty Seven students of the college participated in the workshop and successfully completed it.

Making Examination A Fun: Live Interaction by P.M. Sri Narendra Modi

(16/02/2018)

A video conferencing program on "Making the examination - a fun" was held in the college on 16th February, 2018 where Honorable Prime Minister of India, Sri Narendra Damodar Das Modi addressing the students nationwide.



The college family attended the program at the auditorium of the college and enjoyed the program in its fullest.

Student group visits Assam Legislative Assembly (18/2/2018)



A group of students of the college were taken to visit the Assam Legislative Assembly on 18th February, 2018 to gather firsthand knowledge about the working of the Assembly. The students had the opportunity to interact with some of the members of the Assembly including the Chief Minister of Assam, Sri Sarbananda Sonowal.

One day Workshop on "Innovative methods in classroom teaching" (Date: 18/02/2018)



A One day Workshop on "Innovative methods in classroom teaching" was organized by IQAC, of the college on 18th February, 2018. Dr. Partha Phukan Mahanta, Principal, Rangia Teachers' Training College acted as the resource person in the workshop.



International Mother Language Day (21/02/2018)



The department of Assamese of the college organized the International Mother Language Day 21st February, 2018 in the college premises. The meeting was presided over by Dr. Dhruva Chakraborty, Principal of the

college. Prof. Brajendra Kanta Sarma, Head, department of Statistics, Prof. Abdul Baten, Assistant Professor, department of Mathematics, Dr. Upendrajit Sarma, Associate Professor, department of Assamese, Dr. Mohan Roy, Head, department of Hindi and Dr. Aloka Sarma, Assistant Professor, department of Assamese delivered valuable lecture on the occasion. The program was successful with the active participation of the students and teaching fraternity of the college.



Observation of National Science Day 2018

(28/02/2018)



The National Science Day 2018 was celebrated in the college by the Advanced Institutional Biotech Hub on 28th February 2018. In consonance with the day, a science model competition among the different departments of the college was organized. The student of Department of Physics bagged 1st prize in the competition. H.S. (Sc.) 1st Year students won the 2nd prize. While the 3rd prize was jointly shared by the students of Department of Botany and Chemistry.

Invited lecture program on Gangetic Dolphin (*Platanista gangetica gangetica*)

(Date: 27/02/2018)



An invited lecture program on Gangetic Dolphin (*Platanista gangetica gangetica*) was organized in the college on 27th February, 2018. Sovana Ray, a Project Scientist of Wildlife Institute of India (WII), Dehradun delivered her lecture on the present population status of Gangetic Dolphin and the need of its conservation in India. A good number of students and teachers of the college participated in the program and the program concluded with a fruitful interaction between the resource person and the audience.



International Women's Day

(8/3/2018)

The International Women's Day 2018 was celebrated by the college on 8th March, 2018 with the theme "Press For Progress" by the Women Cell, B.N.C.T.A, Dhubri.





The program focused on the "Women Empowerment Are women the battered half or the better half". Dr. Pratima Neogi, Former associate Professor of Chilarai College, Golakganj and Smt. Padumi Kalita, Former Principal (i/c), B.N. College, Dhubri graced the occasion.

Interaction Session with Eminent Plasma Scientist & Life Time Achiever 2018

(10/03/2018)



The department of Physics organized an Interaction Session with Prof. Sorbeswar Bujarbarua, the eminent Plasma Scientist & Life Time Achiever 2018, Founder Director, CPP-IPR, Sonapur, Assam on 10th March, 2018.



The session benefitted the students and teachers in getting themselves updated with the latest research on Plasma Physics.

Mushroom Cultivation for students and rural entrepreneurs

(17/03/2018 to 20/03/2018)



A four day hands on training program on "Mushroom Cultivation for students and rural entrepreneurs" was organized by DBT Advanced Institutional Biotech Hub of the college from 17th to 20th March, 2018. There were fifty six participants representing rural youths, farmers and students who obtained hands on training in the program.



Basic Lab Training and Scientific exposure Program for School students

(13/03/2018)

A one day hands on training on Microscopy for school students (Dhubri Jatiya Vidyalaya) was organized in the college by DBT Advanced Institutional Biotech Hub on 13th March, 2018. Twenty four numbers of students of 10th Standard were given hands on training in the program.



Awareness Programme on Cancer Biology

(19/3/2018)

A one day awareness program for the faculty members on cancer biology was organized in the college on 19th March, 2018. Thirty three numbers of faculty members were present in the program.



Campus Cleaning Program

(28/03/2018)



A campus cleaning program was undertaken by the department of Political Science of the college on 28th March, 2018. A good number of students having major in the subject actively participated in the program guided by the faculties of the department.



Karate training camp for Girl students

(26/3/2018 - 28/03/2018)



A three day (26th March to 28th March, 2018) Karate camp for girl students was organized in the college by the Women Cell, B.N.C.T.A., Dhubri. Md. Roushan Sheikh, Instructor, KARATE, Dhubri demonstrated the techniques of self defence to the girl students of the college. Ninety One numbers of girl students participated and benefitted in training camp.

Faculty Development Program on "Behavioural remodeling for Enhancing the classroom delivery of teachers"

(19/4/2018 - 25/4/2018)



In a view to augment classroom teaching to an effective level, a Seven Day Faculty Development Program on "Behavioural Remodeling for Enhancing the Classroom Delivery of Teachers" was organized in the college in collaboration with E&ICT Academy, IIT, Guwahati. Mr. Anjan Choudhury, Head of Training and Development, Indian Skills Academy and Training Consultant at E&ICT Academy, IIT, Guwahati acted as the resource person in the program. Mr. Rupam Das, Technical Assistant, E&ICT Academy, IIT, Guwahati was also present in the program. There were sixty





five numbers of teachers from different colleges of Assam and West Bengal as well participated in the program.



**Invited lecture program Biosurfactant:
A multifunctional Biomolecule by
Dr. Lalit Kr. Chourasia, Dept. of Microbiology
Sikkim University
(27/4/2018)**



An invited lecture was organized by the Advanced

Institutional Biotech Hub of the college on 27th April 2018. Dr. Lalit Kumar Chaurasia of Department of Microbiology, Sikkim University, Gangtok delivered the lecture. A good number of students and faculty members were present in the program and there was a lively interaction between the students and the lecturer.

**Hands on Training on
“Molecular Biology Techniques”
(28/05/2018 to 01/06/2018)**



A Four day Hands on Training on "Molecular Biology Techniques" was organized under the Student Exchange Program between the Sarat Chandra Singha College of Agriculture, Assam Agriculture University, Rangamati, Chapar, Dhubri, Assam and B.N. College, Dhubri from 28th May 2018 to 1st June 2018 by the Advanced Institutional Biotech Hub of the college. Eighteen numbers of students from the university participated in the program.

**Observation of
“World Environment Day 2018”
(05/06/2018)**



The World Environment Day 2018 was observed in the college on 5th June 2018. Keeping consonance with the program, a plantation drive was organized by the NSS and

Extension Service Cell of the college. As a part of the program, a photography competition was also held in the college. Enthusiastic participation of the college family made the program a successful one.



Some Clicks in the Classical Dance Competition during Annual College Week 2017-18



International Yoga Day 2018 (21/06/2018)



The International Yoga Day was observed in the college by organizing Yoga Workshop in the college premises. Faculties, students and other staff of the college participated in the workshop.

