

Report on
Awareness Programme
on
Fitness cum Health

Organized by
IQAC, B. N. College, Dhubri
In collaboration with
Sports and Cultural Committee &
Gymnasium, B.N. College, Dhubri

An awareness programme on **Fitness cum Health** has been organised by IQAC, B. N. College, Dhubri on 15-02-2021 in collaboration with Sports and Cultural Committee and Gymnasium, B. N. College, Dhubri in the college auditorium from 11.30 am. The programme begins with a theme Dance depicting importance of sports and physical activity performed by the students of Dance Club of the college. Dr. Dhruba Chakraborty, Principal of the college delivered the inaugural speech emphasising importance of being fit and healthy in day-to-day life as well as the teaching-learning process. Prof. Abdul Baten Mondal, Vice-Principal of the college also spoke on the occasion followed by Dr. Brajendra Kanta Sharma, Head, Department of Statistics. Mr. Bidyut Bharali, Instructor of the Gymnasium of the college highlighted the various facilities available in the Gymnasium of the college and urged the students to enroll in the gymnasium. A demonstration on body building/fitness has also performed by students and a total number of 170 students participated in the programme. The programme ended with vote of thanks offered by Gautam Chandra Roy, Assistant Professor, Department of Political Science of the college.

Gautam Chandra Roy
In-charge
Students Support and Progression
Criteria V (NAAC)

Dipankar Mallick
In-charge
Sports and Cultural Committee
B. N. College, Dhubri

FEW SNAPSHOTS OF THE PROGRAMME

